WHO WE ARE



CAI is a diverse, mission-driven nonprofit organization dedicated to improving the quality of health care and social services delivered to vulnerable populations worldwide. Since 1979 we've tackled the toughest health and social issues that confront populations and communities most impacted by health disparities. Working as trusted partners with numerous funders, our customized services build the capacity of health and human service organizations, improving the lives in the communities we serve. Our passionate staff and commitment to the populations we serve drive us to innovate, educate and create positive change - fostering a more aware, healthy, compassionate and equitable world. CAI serves as the New York Center for Sexual Violence Prevention Training and Technical Assistance.



The New York State Coalition Against Sexual Assault (NYSCASA)* is a private, nonprofit coalition of community-based sexual assault crisis intervention and prevention centers serving all of New York State. Our mission is to end all forms of sexual violence and exploitation and to address the impacts of sexual assault. Our bold vision is to cultivate beloved communities that embrace, value, and promote dignity, equality, thriving, freedom, justice, and peace for all.



The New York City Alliance Against Sexual Assault (The Alliance)* is a leading voice for preventing sexual violence, supporting survivors, and fighting to make diverse communities safer. Founded in 2001 by a coalition of New York City rape crisis centers as a leadership organization to address gaps in services and prevention and to advocate for citywide change, the mission of the Alliance is to prevent sexual violence and reduce the harm it causes through education, research, and advocacy. Our cutting-edge programs in prevention, training, and establishing standards to assist survivors are models to end sexual violence.

*Together the Alliance and NYSCASA serve as the Training and Technical Assistance Center for Rape Crisis Programs with a focus on providing support to the Enough is Enough Programs Statewide.



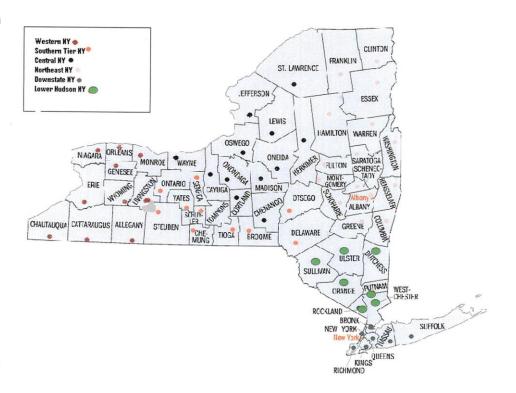




REGIONAL CENTERS AND ENOUGH IS ENOUGH REGIONAL MAPS

Regional Centers Region # Regional Center Name St. Lawrence 1 Retreat, Inc. New York City Alliance Against Sexual Assault 3 Family Services, Inc. Fulton Schenectady Albany County Crime Victim and Sexual Violence Center Vera House, Inc. Chautauqua Green 6 Suicide Prevention and Crisis Service, Inc. Rockland Bran Kings Queens

Enough is Enough









MEETING OVERVIEW AND AGENDA

Joint Day with Regional Centers and Enough is Enough Programs

June 13th, 2018
Fort Orange Ballroom

Overview: Sexual violence is one of the most pressing public health and criminal justice issues in the world, and the rates of sexual violence remain unacceptably high despite national attention. There is a need for urgent and effective action to prevent such crimes from occurring. The second day of this 3-day provider meeting will be the joint day for both The Regional Centers for Sexual Violence Prevention and Enough is Enough Programs, two groups who are working to prevent and respond to sexual violence across New York State.

The day will include presentations by lead experts in alcohol abuse prevention, sexual violence prevention related to healthy nightlife work, as well as social media experts. The day will also include opportunities for participants to engage in small group activities that enhance their own initiatives and promote strategic thinking across projects.







AGENDA

Welcome & Introduction

Plenary - Dr. Elise Lopez:

Situational Prevention of Sexual Assault through Healthy Nightlife Initiatives and Alcohol Education

Plenary - Walt Davies:

Alcohol and Substance Prevention Work on College Campuses

Break

Regional Breakouts:

Break Into Groups Based on Regions

Lunch

Presentation - Michelle Ashby:

Using Social Media for Sexual Violence Prevention Marketing

Presentation - Andrew St. Ana:

The Abuse of Social Media

Regional Breakouts:

Break Into Groups Based on Regions

Wrap Up and Closing







SPEAKER BIOGRAPHIES

Walter Davies is a Licensed Clinical Social Worker employed by the NYS Office of Alcoholism and Substance Abuse Services (OASAS). Mr. Davies coordinates underage drinking initiatives including the OASAS College Environmental Prevention Grant, and previously, the Office of Juvenile Justice and Delinquency Prevention's (OJJDP) Enforcing the Underage Drinking Laws Grant Program (EUDL) from 2006 to 2014. He has over 27 years of experience with the majority of his work focusing on the treatment of families and adolescents suffering from alcohol and drug disorders. Mr. Davies coordinated alcohol and substance abuse treatment and prevention services for the juvenile justice population in the NYS Office of Children and Family Services from 1997 to 2006. He has been an adjunct field instructor for the School of Social Welfare, University at Albany, State University of New York since 1995.

Elise C. Lopez, DrPH, MPH is the Assistant Director of the Relationship Violence Program at The University of Arizona's College of Public Health. Since 2004, Lopez has worked primarily on public health projects including design, implementation, and evaluation of substance abuse and relationship violence interventions. Lopez specializes in community and environmental-level interventions for sexual violence prevention, and has served as the Statewide Evaluation Coordinator for the Arizona Safer Bars Alliance since 2014. In addition to public health qualifications, she holds degrees in Public Policy and Management and in Criminal Justice Administration. She was the recipient of the inaugural Youth, Family, and Community Evidence-Based Practice Award from the Center for Substance Abuse Treatment of the U.S. Department of Health and Human Services in 2007. She is a member of the Arizona Institutions of Higher Education (AzIHE) network, and chairs the Restorative Responses working group of the national Campus PRISM Project (Promoting Restorative Initiatives for Sexual Misconduct). She has given invited and refereed talks on sexual violence prevention and response in venues such as the National Sexual Assault Conference, American Public Health Association Annual Meeting, and Ontario Government Summit on Sexual Violence, and her work has been in published in the CUNY Law Review, several books, trade journals, and public media.







Michelle Ashby is the Founder & CEO of Tipping Point Communications, an upstate New York advertising agency that specializes in strategic planning, media planning and buying, digital marketing, public relations, inbound marketing, and research. With more than 25 years' experience in communications, Ashby leads Tipping Point's offices in Rochester, Buffalo, and Cleveland, OH. The Small Business Council of Rochester named Ashby Business Person of the Year in 2014; she is also a member of the Rochester Business Journal's class of 2007 "Forty Under 40." Michelle is a visionary leader with a unique blend of business development, one to one (IDI) research, coaching, account strategy, and a commitment to building long-term partnerships with clients. Before opening Tipping Point Communications in 2005, Michelle was the Executive Vice President of Media at Mason Selkowitz Marketing, a full-service marketing communications firm where she led the newly acquired media buying and planning division, formerly known as Media Matters.

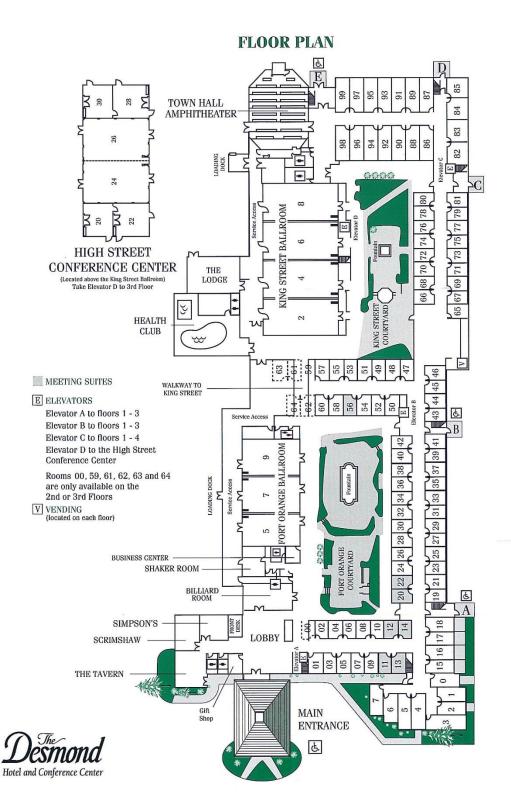
Andrew Sta. Ana is the Director of Legal Services at Day One, an organization that partners with youth to end dating abuse through community education, supportive services, legal advocacy and leadership development. Through direct legal representation and advocacy, Andrew works to amplify the voices of young survivors experiencing intimate partner violence. Nationwide, Andrew trains on dating violence, the rights of young people, serving LGBTQ survivors, and cyberharassment. In 2016, Andrew became an adjunct clinical professor at New York Law School to direct the nation's first law school based legal clinic to serve victims of cyberharassment. In 2011, he was awarded a Courage award from the NYC City Anti-Violence Project for his work to set up and administer a free legal clinic for Lesbian, Gay, Bisexual, Transgender and Queer survivors of intimate partner violence.







HOTEL MAP









NEARBY RESTAURANTS AND OTHER ATTRACTIONS

This map is presented and distributed by



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ŧ	NAME	ADDRESS	PHONE	#	NAME	ADDRESS	PHONE
OPF	ING ALONG WOLF ROAD (SHOPPIN	G KEY ON MAP)		52	Outback Steakhouse	145 Wolf Road	518-482-4863
2	Bed Bath & Beyond	32 Wolf Road	518-437-0147	50	Panera Bread	65 Wolf Road	518-438-4307
3	Colonie Center (Mall)	131 Wolf Road	518-459-9020	63	P.F. Chang's	131 Wolf Road	518-454-0040
4	Hannaford Plaza	96 Wolf Road	518-482-1085	54	Pizza Hut	203 Welf Read	518-458-1221
ß	Pier 1 Imports	120 Wolf Road	518-459-5304	55	Professor Java's Coffee	217 Wolf Road	518-435-0843
1	Talbots Outlet	5 Metro Park Road	518-482-4611	56	Reel Seafood Co.	195 Welf Road	518-458-2068
В	Toys "R" Us	38 Wolf Boad	518-459-5561	57	Pomano's Macareni Crill	1 Metro Park Boad	518-446-9190
9	Wolf Road Shoppers Park	145 Wolf Boad		58	Bed Lobster	170 Wolf Boad	518-459-1040
				35	Roberto's Pizzeria/Best Western	200 Wolf Road	518-458-2847
176	CACAMERA ENCOCACACA	PROPERTY OF THE PROPERTY OF THE	SHAREST RESIDEN	39	Samurai Japanese Restaurant	158 Wolf Road	518-813-9555
D D	Albany Marriott Hotel	189 Wolf Road	518-458-8444	107	SaraBella Pizzeria & Desserts	391 Sand Creek Road	518-482-2253
1	Best Western Albany Airport Inn		518-458-1000	107		186 Wolf Road	518-729-2433
2	Cocoa's Inn & Suites,	2 Wolf Road	518-459-2240	41 60	Scubber's Hot Wings	100 11011 11040	
2		2 woll hoad	310-439-2240	60	Simpson's at the	660 Albany Shaker Road	518-640-6094
	Albany Airport	400 W-W D	F40 403 0000		The Desmond Hotel Albany		
3	Courtyard by Merriott	168 Welf Road	518-482-8800	98	Smashburger	81 Wolf Road	518-487-4099
	Albany Airport		# 1 P 2 P 2 P 2 P 2 P 2 P 2 P 2 P 2 P 2 P	74	Splcy Mint Indian Cuisine	145 Wolf Road	51B-407-5999
5	The Desmond Hotel Albany	660 Albany Shaker Road	518-869-8100	82	Starbucks	18 Wolf Road	518-435-9280
4	Holiday Inn Express & Suites	16 Wolf Road	618-459-3600	83	Starbucks	243 Wolf Road	518-482-2370
,	Albany Airport	10 Illenski Drive	518-438-2822	42	Subway	155 Wolf Road	518-446-1755
7	Hampton Inn, Wolf Road	TO GIVING DITTE	010 100 EOEE	61	Taco Bell	56 Wolf Road	518-459-7330
9	Homewood Suites by Hilton	216 Welf Road	518-438-4300	60	The Tavern at the	660 Albany Shaker Road	518-869-8100
)2	Home2 Suites by Hilton	10 Metro Park Road	518-482-4045		The Desmond Hotel Albany		
1	Hetel Indige	861 Albany Shaker Road	518-869-9100	29	Ted's Fish Fry	203 Wolf Read	518-454-9490
8	Radisson Hotel Albany	205 Wolf Road	518-458-7250	95	Taxas Roadhouse	105 Wolf Boad	518-453-3444
0	Red Roof Inn, Albany Airport	188 Wolf Road	518-459-1971	59	Warehouse Grill & BBO	219 Wolf Road	518-489-5227
14	SpringHill Suites by Marriott,	8 California Avenue	518-724-7999	105	Which Wich Superior Sandwich Sho	n 133 Wolf Road	518-459-9424
	Albany/Colonie			85	Wired Coffee (Pioneer Bank Building)		518-650-7615
13	Staybridge Suites,	39 Wolf Road	518-438-3300	63	Wolf's 1-11 Restaurant & Games		518-275-0561
	Albany Wolf Road Colonie Center			0.3	Wott's 1-11 Restaurant & Games	III Wolf Hoad	310-273-0301
6	Travelodge Inn & Suites, Albany Airport	42 Wolf Road	518-459-5670	62	Albany Med EmurgentCare	98 Wolf Rd #16	518-264-9000
				o.e.	Bank of America	133 Wolf Road	518-459-9003
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2 8 8 6 1 4 7 8 0 2 4 3 6 8 6 8 6 7 4 7 8 7 8 7 8 7 8 7 8 7 8 7 8 7 8 7 8	99 Restaurani & Pub 99 Restaurani & Pub Andréson Arby's The Bernsder Residaurant Blu Shone Bistro/Hotel Indigo Bonerish Grill Brungper's Ragels Buca di Beppo Buffalo Wagon Pan Asian & Sushi Capital Duffet Chale Loungia/Nibany Marriott The Cheesocalee Factory Child's Gall & Bar Chipote Mexican Grill Denny's Dunkin Donuts East Wok Restaurant Five Guys Burgers and Fries Geldein Gran Germat Fizza	107 Weil Read 205 Weif Read 133 Weil Read 133 Weil Read 480 Send Creek Read 59 Weil Read 99 Weil Read 44 Weif Road 44 Weif Road 56 Metro Park Road 145 Wei Road 145 Wei Road 131 Weif Road 131 Weif Road 114 Weif Road 116 Weif Road 116 Weif Road 116 Weif Road 98 Weif Road 98 Weif Road 98 Weif Road 98 Weif Road	518-446-9909 519-459-7264 x445 518-482-16485 518-889-9976 518-459-9206 518-459-9206 518-459-8222 518-459-8828 518-458-8444 618-458-2509 518-459-8664 518-459-7509 518-459-4664 518-459-7509 518-459-4664 518-459-5114 518-458-45400	89 94 100 66 86 84 90 91 67 69 70 72 92 77 73 71 78 93 64 75	Berksihire Bank Cap Com Federal Credit Union Capton Barwk Citizens Bank/Hannaford Complesions Sps & Salon Oky Fhammery Exclusive Nail Salon Fantastic Sains Cut & Color Fa	98 Wolf Poad 4 Winners Circle 68 Wolf Poad 96 Wolf Poad 96 Wolf Poad 98 Wolf Poad 98 Wolf Poad 98 Wolf Poad 99 Wolf Poad 99 Wolf Poad 99 Wolf Poad 90 Wolf Poad 80 Wolf Poad 105 Wolf Poad	518-269-5920 519-458-6998 518-438-6016 518-438-6910 518-489-5211 518-489-5231 518-489-8038 518-489-4055 518-489-4055 518-489-2004 518-482-004 518-482-004 518-482-6055 518-459-5045 518-459-5045 518-459-5045 518-459-5045 518-459-5045 518-459-5045 518-459-5045 518-459-5045 518-459-5045 518-459-5045 518-459-5045 518-459-5045 518-459-5045 518-459-505 518-459-505 518-459-505 518-459-505 518-459-505 518-459-505 518-459-505 518-459-505
2 8 3 6 1 4 7 8 0 2 4 3 6 6 7 4 7 8 0 7 4 7 8 7 8 7 8 7 8 7 8 7 8 7 8 7 8 7 8	99 Restaurant & Pub 206 on Wolf/Radiscon Arby's The Berneider Restaurant Blu Stone Bistro/Hotel Indigo Bonetish Grill Bruegger's Ragels Buca di Beppo Butfal Wagon Pan Asian & Sushi Capital Buffet Chabe Lounge/Nibany Marriott The Cheaveaue Factory Chief's Gall & Bar Chipote Mexican Grill Denny's Dunkin Donate East Wolf, Restaurant Five Guys Burgers and Fries Golden Gran Gourmet Fizza The Grille/Radiscon Hooters	107 Well Read 205 Well Read 205 Well Read 480 Send Creek Read 661 Albany Shaker Read 98 Well Read 98 Well Read 644 Wolf Read 444 Wolf Read 444 Wolf Read 145 Well Read 133 Welf Read 150 Well Read 1105 Well Read 1105 Well Read 1105 Well Read 1105 Well Read 131 Welf Read 131 Welf Read 131 Welf Read 131 Welf Read 137 Welf Read 137 Welf Read 138 Welf Read 137 Welf Read 137 Welf Read 137 Welf Read 137 Welf Read 138 Welf Read 139 Welf Read 139 Welf Read 130 Welf Read 130 Welf Read 130 Welf Read	518-446-9999 x445 518-489-7264 x445 518-489-9976 518-489-9976 518-459-9246 518-459-8282 518-4518-848-9837 518-458-8888 518-4518-8444 518-458-4640 518-458-1194 518-458-4640 518-458-7325 518-458-7325 518-458-7325 518-458-7325 518-458-7325 518-458-9333	89 94 100 66 86 84 90 91 67 69 70 72 92 77 73 71 78 93 64 75 99	Berkeihre Bank Cap Com Federal Credit Union Cap In Bank Cap Com Federal Credit Union Capital Bank Citizens Bank/Hannaford Complexions Spo & Salon CVS Pharmacy Enchalve Nall Salon CVS Pharmacy Enchalve Nall Salon Forthastic Sans Cut & Color Fodex Office Print & Ship Center Hannaford Supermarkets Henffman Car Wesh Knyllank Mobil Qas Station NBT Bank Pilonoer Bank Rudy A. Ciccotti Family Recreation Center SEFCU Bank Speedway Gas Station St. Francis Chapel Sunoco Gas Station	98 Well Road 4 Winners Circle 55 Well Road 96 Well Road 221 Well Road 98 Well Road 465 Sand Croek Road 98 Well Road 96 Well Road 96 Well Road 96 Well Road 96 Well Road 95 Well Road 95 Well Road 95 Well Road 96 Well Road 10 Aviation Road	518-289-9203 518-488-9085 518-438-9045 518-438-910 518-438-910 518-438-911 518-489-6231 518-489-903 518-489-903 518-489-9045 518-482-9094 518-482-9095 518-482-9095 518-482-9095 518-482-9095 518-482-9095 518-482-9095 518-483-9099 518-867-8920 518-455-6612 518-455-6612 518-459-6832
2 8 3 6 1 4 7 8 0 2 4 3 4 5 6 8 0 6 7 4 3 6 6 7 4 3 6 6 7 8 7 8 7 8 7 8 7 8 7 8 7 8 7 8 7 8	99 Restaurant & Pub 200 Molt/Radisson Arby's The Bernsider Restaurant Blustone Bistro/Hotel Indigo Bonerista Grill Brusoper's Ragels Buca di Beppo Buffalo Wagon Pun Asian & Sushi Capital Duffet Chales Loungar/Albany Marriott The Cheesecalve Factory Childr's Grill & Bar Chipote Mexican Grill Denny's Dunkin Donotis East Work Restaurant Five Guys Burgers and Fries Golden Grans Commet Pizza The Grille/Radissoe Hoosters Hooters Hooters Hooters	107 Well Flead 205 Wolf Road 133 Welf Road 133 Welf Road 180 Send Cheek Road 69 Welf Road 99 Welf Road 44 Wolf Road 6 Metro Park Road 145 Welf Road 145 Welf Road 145 Welf Road 150 Welf Road 250 Welf Road	518-446-9909 x4445 518-489-7264 x445 518-489-1900 518-250-6486 518-489-9976 518-439-9076 518-439-822 518-689-0937 518-459-8288 518-458-8444 618-453-2600 518-458-1944 518-453-2600 518-458-1945	99 94 100 66 86 86 84 90 91 67 70 72 92 77 73 71 78 93 64 75 99 68	Berkshire Bank Cap Com Federal Credit Union Capta Bank/Hannaford Complexions Spa & Salon Cottrens Bank/Hannaford Complexions Spa & Salon CVS Pharmacy Enchalve Nati Salon Fantastic Sams Cart & Color Factio Vittice Print & Ship Center Hannaford Supermarkets Heffman Cer Wash Keyllank MST Bank MST Bank Ploneer Bank Raidy A Ciccotti Family Recreation Center SEF-CU Bank Speedway Ges Station St Francis Chepel Sunce Gas Station Trader Joe's	98 Wolf Road 4 Winners Circle 58 Wolf Road 96 Wolf Road 221 Wolf Road 485 Sand Croek Road 98 Wolf Road 98 Wolf Road 98 Wolf Road 98 Wolf Road 110 Wolf Road 96 Wolf Road 96 Wolf Road 96 Wolf Road 125 Wolf Road 125 Wolf Road 80 Wolf Road 80 Wolf Road 80 Wolf Road 40 Wolf Road 40 Wolf Road 40 Wolf Road 40 Wolf Road 156 Wolf Road 156 Wolf Road 156 Wolf Road	518-269-9292 519-458-6998 518-438-6908 518-438-5231 518-438-5231 518-438-5231 518-438-5231 518-438-6909 518-452-9094 518-452-9094 518-452-9094 518-452-9094 518-452-9095 518-452-9095 518-452-9095 518-452-6974 518-452-6975 518-452-6975 518-452-6975 518-452-6978 518-452-6978 518-452-6984 518-452-6984 518-452-6984 518-452-6984 518-452-6984 518-452-6984 518-452-6984 518-452-6984 518-452-8488
2 8 3 6 1 4 7 8 0 2 4 3 4 5 6 8 0 7 4 3 6 7 7 8 7 8 7 8 7 8 7 8 7 8 7 8 7 8 7 8	99 Restaurant & Pub 206 on Wolf/Radiscon Arby's The Berneder Restaurent Blu Stone Bistron/Hotel Indigo Bonerista Grill Brusoper's Ragels Buca di Beppo Buffalo Wagon Pan Asian & Sushi Capital Buffet Chale Loung/Albany Marriott The Cheesecake Factory Chilir's Guil & Bar Chipotte Mexican Grill Denny's Dunkin Domay's Dunkin Domay Burgers and Fries Golden Cran Gourmat Fize Golden Cran Gourmat Fize Honey/Salade Ham Company Hong Kong Barkery & Bistro Honey/Salade Ham Company Hong Kong Barkery & Bistro Honey/Salade Ham Company Hong Kong Barkery & Bistro	107 Well Flead 205 Walf Road 205 Walf Road 133 Welf Read 480 Send Cheek Road 661 Albany Shaker Read 99 Welf Road 44 Wolf Road 6 Metro Park Road 145 Welf Road 145 Welf Road 150 Welf Road 150 Welf Road 114 Welf Road 116 Welf Road 116 Welf Road 116 Welf Road 117 Welf Road 118 Welf Road 117 Welf Road 118 Welf Road 119 Welf Road	518-446-9909 x445 519-459-7264 x445 519-459-7264 x445 518-459-9976 518-459-9976 518-458-674 518-458-8282 518-458-8888 518-458-8888 518-458-8444 618-453-2800 518-458-1194 518-458-1194 518-458-4782 518-458-7509	89 94 100 68 88 84 90 91 67 69 70 72 92 92 92 77 73 71 78 93 84 75 99 95 86 87 86 86 86 87 87 87 87 87 87 87 87 87 87 87 87 87	Berkshire Bank Cap Com Federal Credit Union Capton Barvia Cottizens Bank/Hannaford Complesions Sps & Salon OVS Pharmage Exclusive Nail Salon Fantastic Sams Cut & Color Fantastic Cut Sams Fantastic Salor Fantastic Color Fantastic Sams Fantastic Sams Fantastic Salor Fantastic Santastic Fantastic Santastic Fantastic Santastic Fantastic Santastic Fantastic Santastic Fantastic Joen Fantastic Joen Fantastic Santastic Fantastic Joen	98 Wolf Poad 4 Winners Circle 68 Wolf Poad 96 Wolf Poad 96 Wolf Poad 96 Wolf Poad 98 Wolf Poad 98 Wolf Poad 99 Wolf Poad 99 Wolf Poad 99 Wolf Poad 90 Wolf Poad	518-269-5920 519-458-6998 510-458-6998 510-458-6910 510-458-6910 510-458-231 518-489-2335 518-489-4055 518-489-4055 518-462-4055 518-462-4054 518-462-4054 518-462-4054 518-462-4054 518-462-4054 518-462-6055 518-459-2045 518-458-6056 518-458-6056 518-458-6056 518-458-6012 518-459-4812 518-459-4812 518-459-4812 518-459-4812 518-459-4812 518-459-4812 518-459-4812 518-459-4813 518-458-7611
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18 13 16 11 14 17 18 10 12 14 13 14 15 16 18 10 10 16 17 16 16 17 17 16 17 17 17 17 17 17 17 17 17 17 17 17 17	99 Restaurant & Pub 99 Restaurant & Pub Andréson Arby's The Bernsder Restaurant Blus Stone Bistro/Hotel Indigo Bonerish Grill Bruegor's Ragels Buca di Beppo Buffalo Wagon Pan Asian & Seshi Capital Duffet Chale Loungia/Nibany Marriott The Cheesecaler Factory Child's Galf & Bar Chipotte Mexican Grill Denny's Dunkin Donuts East Work Restaurant Five Guys Burgers and Fries Golden Grann Gourmet Fizza The Griller/Radissoe Hooters Hong/Salosd Harn Company Hong Kong Bakery & Bistro BiGD JT Maxies Bar & Grill Koto Japanese Restaurant The Market/Albany Marriott	107 Welf Read 205 Walf Read 123 Welf Read 123 Welf Read 123 Welf Read 124 North Read 125 Welf Read 126 Welf Read 127 Welf Read 127 Welf Read 128 Welf Read 129 Welf Read 120 Welf Read	518-446-9999 519-459-7264 x445 519-489-9276 518-489-9976 518-489-9976 518-459-826 518-459-888 518-4518-844 518-459-888 518-4518-844 518-452-759 518-452-751 518-469-252 518-451-551 518-452-752 518-452-752 518-452-752 518-453-551 518-458-260 518-458-258 518-458-550 518-458-550 518-458-550 518-458-550 518-458-550 518-458-550 518-458-550 518-458-550 518-458-550 518-458-550 518-458-550 518-458-550 518-458-550 518-458-550 518-458-550 518-458-550 518-458-858	994 100 668 84 90 91 67 69 70 72 92 77 73 71 78 93 64 75 99 68 67 67 79 77 78	Berkshire Bank Cap Com Federal Credit Union Cap Com Federal Credit Union Cap Com Federal Credit Union Captal Bank Citizens Bank/Hannatord Complesions Spis Salon CVS Pharmage Exclusive Nati Salon Fontable Sains Cut & Color Fontable Sains Cut & Color Fedex Office Print & Ship Center Hannaford Supermarkets Hoffman Cer Wash Key Bank MST Bank MSJ Bank MSJ Bank Ploneer Bank Ploneer Bank Ploneer Bank Regulan Center SEFOU Bank Speedway Gens Salision St. Francis Chepel Sunoco Gas Station Trader Jor's Trusto Bank United States Postal Service Whole Foods Market	98 Wolf Poad 4 Winners Circle 58 Wolf Road 96 Wolf Road 96 Wolf Road 22 I Wolf Road 98 Wolf Road 98 Wolf Road 98 Wolf Road 110 Wolf Road 98 Wolf Road 110 Wolf Road 98 Wolf Road 100 Sand Creek Road 98 Wolf Road 125 Wolf Road 125 Wolf Road 125 Wolf Road 80 Wolf Road 130 Aviation Road 145 Wolf Road 155 Wolf Road 145 Wolf Road	518-289-3920 518-458-6996 518-438-906 518-438-910 518-438-910 518-489-833 518-489-4056 518-429-4055 518-459-2045 518-459-2045 518-459-2045 518-459-2045 518-459-2045 518-459-2045 518-459-6012 518-459-6012 518-459-6012 518-459-4892 518-459-4892 518-459-4892 518-459-4892 518-459-4892 518-459-4892 518-459-4892 518-459-4593 518-458-7761 000-275-6777 518-621-5300
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DIRECTIONS TO COLONIE CENTER

From the North step 1-97 South to Exit 2E, Calonia Conier will be on the left.
From the South take 1-97. South to Exit 2E, Calonia Conier will be on the left.
From the South take 1-97. South take 1-97 LANE and take 1-97. Ex Wolf Road. At the end of the exit ramp, proceed straight through the stoplight. Colonia Center will be on the right.
From the South take 1-90 to 1-97 North and exit at Exit 2E, Wolf Road. At the end of the exit ramp, proceed straight through the stoplight. Colonia Center will be on the right. From the West take 1-87. Stay in RIGHT LANE and take Exit 2E, Wolf Road. At the end of the exit ramp, proceed straight through the steplight. Colonic Center will be on the right.

DIRECTIONS TO CROSSGATES MALL

From the **North** take 1-87 South to Crossiguises Mall Road Eel.

From the **South** take 1-87 North to Exit 2-4, on through talls, take Crossigates Mall Road Eel.

From the **East** take 1-90 West to Git 15 Blother 2004ester Anni to Crossigates Mall Road Eet.

From the **West** take 1-90 Eest to Eel 2-4, go through totis, take Crossigates Mall Road Eet.

DIRECTIONS TO STUYVESANT PLAZA

From the North sale 1-67 South to the end, then left on Western Are (Hoote 20). From the South NNS Transay North to Self 24 bit 67 South to the end, then left on Western Ave Pricate 20). From the East 10 Wester to Feller Rodo (E., Turn is not no Feller Poud and (Action by Suppressin Proposin Hospital From the East Point F90 East, take 15th 24 to 1-87 South to the end, then left on Western Ave (Foote 20).





